

COURSE INSTRUCTORS

Jiten Bhatt DPT, OCS

Jiten graduated from Whittier College with a degree in Pre-physical therapy in 1995, received a Master's degree in Physical Therapy in 2000 from Western University of Health Sciences, and recently his Transitional DPT from Arcadia University in 2015. Upon completion of the Kaiser Movement Science Fellowship in 2007, he took on the role as site director & clinical faculty member at Kaiser Permanente Orthopedic Physical Therapy Residency, Panorama City. Jiten currently mentors residents & continues to pursue his scholarly and research activities.

Jiten has conducted multiple platform and poster presentations at APTA's Combined Section & CPTA's Annual meetings. His case study on tennis elbow was published in the Journal of Orthopedics & Sports Physical Therapy. He also serves as an orthopedic skills instructor to physical therapy students at Azusa Pacific University and co-instructor for various movement science based courses. He currently serves on the CPTA Research Council.

Nicole Lovett DPT, OCS

Nicole attended San Francisco State University graduated with a Bachelor's degree in Kinesiology in 2005. She also holds a Doctorate degree in Physical Therapy from Azusa Pacific University (2009). In addition to her Bachelor's and Doctorate degrees, Nicole is also a graduate from the Kaiser Orthopedic Residency program (2010) as well as the Kaiser Movement Science fellowship (2012).

Nicole is a board certified orthopedic specialist and practices at Kaiser Permanente in Downey, where she serves as clinical mentor in the Kaiser Orthopedic Physical Therapy Residency program. She also assists with the physical therapy program at Azusa Pacific University. Dr. Lovett enjoys applying the movement science approach to patients and sharing the approach with other physical therapists.



Presents

Movement Links Seminar Series

COURSE LOCATION

**Movement F1rst Sports Rehab
& Performance
2290 SE Bristol St
Newport Beach CA 92660**

COURSE DESCRIPTION

This seminar series is designed to provide a deeper understanding of the movement and neuromuscular approaches in the evaluation & management of musculoskeletal pain syndromes. Functional regional interdependence between the muscular, osteoarticular and central nervous system in the regulation of movement will be a focus of discussion and practice. Clinical reasoning of the evaluation and management process and its integration with manual orthopedic procedures will be discussed along with extensive hands-on practice and feedback.

COURSE OBJECTIVES

Discuss & demonstrate the functional interdependence between the muscular, osteoarticular and central nervous system in the regulation of movement.

Refine observational analysis of posture, movement and gait. Refine palpation and handling skills for evaluation, treatment & exercise correction.

Refine neuromuscular facilitatory & inhibitory techniques for optimal neuromuscular function and movement.

Demonstrate the integration of manual orthopedic procedures and movement concepts in the assessment & management of musculoskeletal pain syndromes.

Analyze complex movements and skills by breaking its component parts down to functional synergies, planar movements and impairments.

Additional objectives for each weekend listed on www.movementlinks.com

2017 -18 COURSE SCHEDULE

Time: 8:30 AM - 5:00 PM

LOWER QUARTER

Oct 21– 22	Muscle Analysis, Gait, Postural Stability, Movement Exam
Dec 2 – 3	Neuromuscular Facilitatory & Inhibitory Techniques. Corrective & Reflexive Exercises, Movement Re-ed

UPPER QUARTER

Jan 13 –14 2018	Movement Exam Neuromuscular Facilitatory & Inhibitory Techniques, Corrective & Reflexive Exercises, Movement Re-ed
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FUNCTIONAL MANAGEMENT PROGRESSION

Feb 10 – 11 2018	“Putting it Together” Movement analysis based on integration of both upper & lower quarter
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Instructional Level: BASIC

Instructor: Student Ratio: 1: 10

Optional Movement Links Certification Course

Date:	Oct 6 -7, 2018
Location:	Azusa Pacific University
Cost:	\$350

Upon passing the competency tests, you will be listed on <http://www.movementlinks.com/clinicians.php> which will serve as a referral base to consumers as well as other health professionals seeking a movement based specialist.

REGISTRATION

\$2250 includes Movement Links series + course workbook + 1-year access to instructional videos

\$2500 includes Movement Links series + course workbook + 1-year access to instructional videos + certification course Oct 6-7, 2018 in Los Angeles.

NOTE: This reflects a savings of \$100 if registering for both the Movement Links series and certification course together.

Registration: www.movementlinks.com
Contact info@movementlinks.com if you would like to arrange for installment payments.

This class is limited to Physical Therapists and Physical Therapy Assistants.
Proof of PT licensure may be requested.



ProCert has awarded certification in the amount of **61 Continuing Competence Units (CCUs)** to this activity in 27 states. CCUs are a unit of relative value of an activity based on its evaluation against a rigorous and comprehensive set of standards representing the quality of an activity. The CCU determination is a valuation applying many factors including, but not limited to, duration of the activity. No conclusion should be drawn that CCUs correlate to time (e.g. hours).