



## **Movement Links Certification Course**

(Limited to those who have completed the Movement Links seminar series)

The new brand of the APTA “Moving Forward” supports a shift in the consumer perceptions from 'physical therapists as rehabilitators' to physical therapists as experts in restoring and improving motion in people's lives. Movement touches all elements of physical therapy. Whatever practice one is in, whether rehabilitating someone in a hospital or out-patient setting or working on the side of prevention of falls and injuries, wellness or performance training, the physical therapist is an expert in restoring and improving motion in people's lives.

Movement Links increasingly receives requests for movement-based specialists from consumers, who are directed to check out the database of certified Movement Link Specialists on our website. To date, we have about 100 certified Movement Links Specialists who have gone through a certification course that consists of both practical and written tests. You are invited to join this course as you have previously taken or are currently taking the Movement Links series. Upon passing the tests, your name will be listed on the website, which will serve as a resource/referral base for consumers as well as other health professionals.

### **Purpose of the Movement Links Certification Course**

1. Review current concepts in movement-based approaches.
2. Test:
  - a. Application of movement-based concepts in the management of neuro-musculoskeletal based dysfunction.
  - b. Competency in movement-based assessment tools including verbal justification for appropriate evaluation procedures.
  - c. Competency in interpretation of movement based evaluation procedures.
  - d. Competency of formulation, rationale, and performance of movement based management strategies.
  - e. Competency in breaking down skills and functional activities into fundamental movements and functional synergies to make predictions about contributing impairments
3. Create a referral base—certified Movement Links Specialists will be listed on [www.movementlinks.com](http://www.movementlinks.com).
4. Enhance collegial relationships and networking among fellow participants & instructors.
5. Priority registration for special topics or skills classes.



## Course Program

Brief review of current concepts.

Circulate from station to station covering various key concepts

- You will be tested on clinical reasoning, observational & handling skills.  
Take home written test—a composite of multiple choice and True/False questions.
- Test to be returned to designated examiner within 4 weeks.

**Dates:**            **June 3, 2023**                            **9:00 am – 5:00 pm**  
                         **June 4, 2023**                            **9:00 am – 3:00 pm**

**Location:**        **Evergreen Physical Therapy**  
                         **111 South Hudson, Pasadena CA 91103**

**Cost:**             **\$400**

**Contact Hrs:**    **13.5 \*Please note that CEUs are not provided**

**Registration:** Email [clare@movementlinks.com](mailto:clare@movementlinks.com) to confirm your spot in the class.

A PayPal invoice will be sent to you for credit card payment

OR check payment to:            Movement Links  
   PO Box 660785  
   Arcadia CA 91066

## Course Preparation:

Tips to prepare for the certification course as you go over your notes:

1. Understand the basic concepts of the Movement Impairment System (MSI) model and Functional Approach (Prague School) and how these concepts can be applied to patient presentations
2. Understand the purpose of the various movement tests—which, why and when to include it in the exam—e.g. what did you see in posture and functional tasks prompted you to include it in the physical exam?
3. What are the possible interventions and why did you choose that option?
4. Understand the importance of coordinated abdominal and respiratory patterns.
5. Know the “norms” of ideal movement—e.g. forward bend, shoulder elevation, scapular position. Review the “cheat sheets” in your workbook.