

**Joshua Lee, PT, DPT**  
Primary Instructor



Joshua Lee earned his DPT, as well as a BS in exercise science, from the University of Evansville, in Evansville, IN. He completed his residency in orthopedic physical therapy and his fellowship in orthopedic manual physical therapy through Mercer University in Atlanta, GA. Josh practices in Atlanta, GA, as a staff physical therapist at Piedmont Hospital where he mentors residents in Mercer University's Orthopedic Residency program. Josh currently instructs in Mercer University's Orthopedic Residency Program as adjunct faculty and teaches as primary faculty for Movement Links. He also served as the primary author of the Postural Considerations chapter in the 3rd edition of Travell and Simons' Myofascial Pain and Dysfunction: The Trigger Point Manual.

Josh's journey is significantly influenced by the teachings of Dr. Clare Frank, Dr. Joseph Donnelly, and Dr. Timothy McMahon. Dr. Lee shares their passion for educating clinicians on the clinical assessment and treatment of the human movement system.



*Presents*

**2026**

**Movement Links  
Seminar Series**

**Atlanta, GA**

**COURSE LOCATION**

Piedmont Hospital Atlanta  
1968 Peachtree Rd NW  
Atlanta, GA 30309

## COURSE DESCRIPTION

This seminar series is designed to provide a deeper understanding of the movement and neuromuscular approaches in the evaluation & management of musculo-skeletal pain syndromes.

Functional regional interdependence between the muscular, osteoarticular and central nervous system in the regulation of movement will be a focus of discussion and practice.

Clinical reasoning of the evaluation and management process and its integration with manual orthopedic procedures will be discussed along with extensive hands-on practice and feedback.

## COURSE OBJECTIVES

Discuss and demonstrate the functional interdependence between the muscular, osteoarticular, and central nervous system in the regulation of movement.

Refine observational analysis of posture, movement, and gait.

Refine palpation and handling skills for evaluation, treatment & exercise correction.

Refine neuromuscular facilitatory and inhibitory techniques for optimal neuromuscular function and movement.

Demonstrate the integration of manual orthopedic procedures and movement concepts in the assessment & management of musculoskeletal pain syndromes.

Analyze complex movements and skills by breaking its component parts down to functional synergies, planar movements, and impairments.

Additional objectives for each weekend listed on [www.movementlinks.com](http://www.movementlinks.com)

Instructional Level: Basic

## COURSE SCHEDULE

TIME: 8:30 am - 5:00 pm

***Participants are required to view an Introductory video lecture & pass the quizzes prior to attending the "live" class.***

### Lower Quarter

**April 24 - 26**      Muscle Analysis, Gait, Postural Stability, Movement Exam of the Lower Quarter  
  
Neuromuscular Facilitatory & Inhibitory Techniques, Corrective & Reflexive Exercises, Movement Re-ed

### Upper Quarter

**May 29 - 31**      Movement Exam Neuromuscular Facilitatory & Inhibitory Techniques Corrective & Reflexive Exercises, Movement Re-ed

### Functional Management Progression

**June 27 - 28**      "Putting it Together" Movement analysis based on integration of both upper & lower quarter.

### ***Optional Movement Links Certification Course***

**Date:**      **TBA 2026**

**Location:**      **Atlanta, GA**

**Cost:**      **\$400**

*Upon passing the competency tests, you will be listed on <http://www.movementlinks.com/clinicians.php> which will serve as a referral base to consumers as well as other health professionals seeking a movement-based specialist.*

## REGISTRATION

**\$2500:** includes Movement Links series + course workbook + 12 month access to instructional videos

**\$2750:** includes Movement Links series + course workbook + 12 month access to instructional videos + certification course

**NOTE:** this reflects a savings of \$150 if you register for both the Movement Links Series and Certification Course together.

**3-day Lower Quarter or Upper Quarter courses may also be taken as a standalone class.**

Cost: \$1,000 for 3-day Lower or Upper Quarter class with a **30% discount** for a 12 month subscription to Movement Links Video Libraries

**Contact:**      [info@movementlinks.com](mailto:info@movementlinks.com) if you would like to arrange for installment payments

This class is limited to Physical Therapists and Physical Therapy Assistants. Proof of PT licensure may be requested.

ML Seminar Series: **56 CCU's certified by PTAG**

LQ or UQ weekend only: **21 CCU's certified by PTAG**