

## Tracey Wagner, PT, DPT

Instructor



Dr. Wagner is a board-certified specialist in Orthopaedic Physical Therapy (OCS) and a Fellow of the American Academy of Orthopaedic Manual Physical Therapists (FAAOMPT). She holds a B.A. degree from the University of Colorado, a Master of Physical Therapy degree from Mount St. Mary's University, and a Post-Professional Doctor of Physical Therapy degree from Western University of Health Sciences.

Dr. Wagner began her career at Kaiser Permanente in Woodland Hills, CA where she completed the Southern California Kaiser Permanente Orthopaedic Residency, Manual Therapy Fellowship, and Movement Science Fellowship. She worked at Kaiser Permanente for 17 years and served as clinical faculty in the Southern California Kaiser Permanente Orthopaedic Residency Program (2007-17), the Movement Science Fellowship (2010-13), and the Spine Rehabilitation Fellowship (2011-17). In 2010, she was honored with the California Physical Therapy Association Clinician Research Publication Award for her article published in JOSPT earlier that year.

Dr. Wagner currently resides in the Bay Area where she serves as an Assistant Professor in the Doctor of Physical Therapy Program at Samuel Merritt University. She also serves as an Education Ambassador for the APTA PT Moves Me campaign.



*Presents*

# 2026 Movement Links Seminar Series

## COURSE LOCATION

Kaiser Permanente-Mission Bay  
1600 Owens Street, 6th Floor  
San Francisco, CA 94158

## COURSE DESCRIPTION

This seminar series is designed to provide a deeper understanding of the movement and neuromuscular approaches in the evaluation & management of musculo-skeletal pain syndromes.

Functional regional interdependence between the muscular, osteoarticular and central nervous system in the regulation of movement will be a focus of discussion and practice.

Clinical reasoning of the evaluation and management process and its integration with manual orthopedic procedures will be discussed along with extensive hands-on practice and feedback.

## COURSE OBJECTIVES

Discuss and demonstrate the functional interdependence between the muscular, osteoarticular, and central nervous system in the regulation of movement.

Refine observational analysis of posture, movement, and gait.

Refine palpation and handling skills for evaluation, treatment & exercise correction.

Refine neuromuscular facilitatory and inhibitory techniques for optimal neuromuscular function and movement.

Demonstrate the integration of manual orthopedic procedures and movement concepts in the assessment & management of musculoskeletal pain syndromes.

Analyze complex movements and skills by breaking its component parts down to functional synergies, planar movements, and impairments.

Additional objectives for each weekend listed on [www.movementlinks.com](http://www.movementlinks.com)

Instructional Level: Basic

## COURSE SCHEDULE

TIME: 8:30 am - 5:00 pm

***Participants are required to view an Introductory video lecture & pass the quizzes prior to attending the "live" class.***

### Lower Quarter

**Aug 22 - 23** Muscle Analysis, Gait, Postural Stability, Movement Exam of the Lower Quarter

**Sep 19 - 20** Neuromuscular Facilitatory & Inhibitory Techniques, Corrective & Reflexive Exercises, Movement Re-ed

### Upper Quarter

**Oct 17 - 18** Movement Exam Neuromuscular Facilitatory & Inhibitory Techniques Corrective & Reflexive Exercises, Movement Re-ed

### Functional Management Progression

**Nov 14 - 15** "Putting it Together" Movement analysis based on integration of both upper & lower quarter.

### *Optional Movement Links Certification Course*

**Date:** June 5, 2027

**Location:** Pasadena, CA

**Cost:** \$400

*Upon passing the competency tests, you will be listed on <http://www.movementlinks.com/clinicians.php> which will serve as a referral base to consumers as well as other health professionals seeking a movement-based specialist.*

## REGISTRATION

**\$2500** includes Movement Links series + course workbook + 12 month access to instructional videos

**\$2750** includes Movement Links series + 12 month access to instructional videos + certification course

**NOTE:** This reflects a savings of \$150 if you register for both the Movement Links series and certification course together.

**Contact:**

[info@movementlinks.com](mailto:info@movementlinks.com)

if you would like to arrange for installment payments

This class is limited to Physical Therapists and Physical Therapy Assistants.  
Proof of PT licensure may be requested.

5.9 CEUs (59 contact hours)  
pending approval from California Physical Therapy Board.