

**Faith Rea., PT, DPT**

Primary Instructor



Faith is a board certified specialist in orthopedic physical therapy (OCS).

Faith played collegiate soccer for Cal State University Bakersfield and semi-professional for the Ventura Fusion. After her college and soccer career she went to Azusa Pacific University to complete her Doctorate in Physical Therapy (2015).

After completing her doctorate, Faith continued her post professional education and graduated from the Kaiser Permanente Orthopedic Residency program (2017) as well as the Azusa Pacific Clinical Fellowship in Movement and Performance (2019).

Faith is currently the co-director of the Orthopedic Sports Medicine Program at Casa Colina Rehabilitation Center, and serves as a clinical mentor in Casa Colina's Orthopedic residency program.

**Lori Parchman, PT, DPT**

Co-Instructor



Lori was born and raised near Los Angeles, California. She obtained her Bachelor's of Science Degree in Exercise Science and Sports Medicine from California Lutheran University (2006) and Doctorate of Physical Therapy from Mount Saint Mary's University (2009). She completed the Southern California Kaiser Permanente Orthopaedic Residency Program in 2010, Movement Science Fellowship in 2012, and Spine Rehabilitation Fellowship in 2014.

Lori is a board-certified clinical specialist in Orthopaedic Physical Therapy (OCS), and a Fellow of the American Academy of Orthopaedic Manual Physical Therapy (FAAOMPT). She is also a certified Movement Links Specialist (MLS) and Dynamic Neuromuscular Stabilization practitioner (DNSP). She is a preceptor in the Kaiser Permanent Orthopaedic Residency & Spine Rehabilitation Fellowship and part-time faculty at Mount St. Mary's University's DPT program. Dr. Parchman currently practices at Kaiser Permanente Spine Center in Panorama City, California.



*Presents*

# 2026 Movement Links Seminar Series

## **COURSE LOCATION**

Evergreen Physical Therapy  
111 South Hudson  
Pasadena CA 91001

## COURSE DESCRIPTION

This seminar series is designed to provide a deeper understanding of the movement and neuromuscular approaches in the evaluation & management of musculo-skeletal pain syndromes.

Functional regional interdependence between the muscular, osteoarticular and central nervous system in the regulation of movement will be a focus of discussion and practice.

Clinical reasoning of the evaluation and management process and its integration with manual orthopedic procedures will be discussed along with extensive hands-on practice and feedback.

## COURSE OBJECTIVES

Discuss and demonstrate the functional interdependence between the muscular, osteoarticular, and central nervous system in the regulation of movement.

Refine observational analysis of posture, movement, and gait.

Refine palpation and handling skills for evaluation, treatment & exercise correction.

Refine neuromuscular facilitatory and inhibitory techniques for optimal neuromuscular function and movement.

Demonstrate the integration of manual orthopedic procedures and movement concepts in the assessment & management of musculoskeletal pain syndromes.

Analyze complex movements and skills by breaking its component parts down to functional synergies, planar movements, and impairments.

Additional objectives for each weekend listed on [www.movementlinks.com](http://www.movementlinks.com)

Instructional Level: Basic

Student:Instructor Ratio: 12:1

## Course Schedule

Time: 8:30 am - 5:00 pm

***Participants are required to view an Introductory video lecture & pass the quizzes prior to attending the "live" class.***

### Lower Quarter

**Sep 12 -13** Muscle Analysis, Gait, Postural Stability, Movement Exam of the Lower Quarter

**Oct 10 - 11** Neuromuscular Facilitatory & Inhibitory Techniques, Corrective & Reflexive Exercises, Movement Re-ed

### Upper Quarter

**Nov 7 - 8** Movement Exam Neuromuscular Facilitatory & Inhibitory Techniques Corrective & Reflexive Exercises, Movement Re-ed

## FUNCTIONAL Management Progression

**Dec 5 -6** "Putting it Together" Movement analysis based on integration of both upper & lower quarter.

### ***Optional Movement Links Certification Course***

**Date:** Jun 5, 2027

**Location:** Pasadena, CA

**Cost:** \$400

*Upon passing the competency tests, you will be listed on <http://www.movementlinks.com/clinicians.php> which will serve as a referral base to consumers as well as other health professionals seeking a movement-based specialist.*

## Registration

**\$2500** includes Movement Links series + course workbook + 12 month access to instructional videos

**\$2750** includes Movement Links series + 12 month access to instructional videos + certification course

**NOTE:** This reflects a savings of \$150 if you register for both the Movement Links series and certification course together.

**Contact:** [info@movementlinks.com](mailto:info@movementlinks.com)

if you would like to arrange for installment payments

This class is limited to Physical Therapists and Physical Therapy Assistants. Proof of PT licensure may be requested.

5.9 CEUs (59 contact hours) approved by California Physical Therapy Board