

Movement Links Objectives:

1. Upon completion of first weekend, participants will accurately assess a given patient with hip, knee, or low back pain in 9 out of 12 observational skills of posture and gait to allow for treatment.
2. On completion of weekend one, participants will correctly assess a given patient with hip, knee and back pain in 8 of 13 lower quarter examination tests.
3. At completion of weekend two, participants will independently instruct subjects in 5 facilitatory and inhibitory techniques utilized in patients with hip, knee, and lower back pain.
4. Upon completion of weekend two, participants will compare 4 of 6 positioning components for abdominal wall activation and respiration in patients with low back pain.
5. On completion of weekend two, participants will justify use of 5 corrective exercises in patients with back, hip, and knee pain.
6. Upon completion of weekend three, participants will independently cue subjects in 5 facilitatory and inhibitory techniques in patients with shoulder and neck pain.
7. At the conclusion of weekend three, participants will compare use of 7 corrective exercises in patients with neck and shoulder pain.
8. At the completion of weekend three, participants will defend use of abdominal wall musculature in patients with neck pain.
9. At conclusion of the fourth weekend, participants will independently cue and handle subjects in 7 movement concepts in the evaluation of patients with upper and lower quarter musculoskeletal pain syndromes.
10. At the conclusion of the fourth weekend, participants will compare 5 of the 8 complex functional synergies as they pertain to fundamental movements and movement faults in patients with upper and lower quarter musculoskeletal pain syndromes.